

This is an important day for us and we want to feel surrounded by love and support as we work together with you on our team.

Mom-to-be:	OB/midwife:	
Dad-to-be:	Doula:	
Estimated due date:		
DURING LABOR		
•	•	•
•		
COPING PLAN DURING LABOR		
•	•	
BIRTH		
•	•	•
FOLLOWING BIRTH		
•	•	•
•		•