Birth Wishes

BIRTH care & LEARNING

This is an important day for us and we want to feel surrounded by love and support as we work together with you on our team.

Mom-to-be:

OB/midwife:

Dad-to-be:

Doula:

Estimated due date:

DURING LABOR

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COPING PLAN DURING LABOR

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BIRTH

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FOLLOWING BIRTH

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